



Our Way
self advocacy



Issue: November 2024



NEWSLETTER

Our Way self advocacy

Kidderminster and District Youth Trust

Join Us For a

Craft Fayre

Get ready for Christmas with some lovely local crafts supporting local businesses and charities help make a difference in our community!

30/11/2024 | **11AM-2PM**

TO BOOK A STALL
CONTACT CAT-07772179782
(£10 PER TABLE ALL PROCEEDS TO GO TO OUR WAY & KDYT)

REFRESHMENTS AVAILABLE

Spread the Joy!

Kidderminster Youth House
Bromsgrove St Kidderminster
DY10 1PF
www.kdyt.org.uk
www.ourway.org.uk

UPCOMING..



Members continue to be creative at our monthly craft sessions making Christmas decorations, cards and even christmas crackers!! The wonderful Heidi provides us not only with her time and expertise but the equipment and supplies needed for the activities.

In November we are holding our very own Craft Fayre at Youth House in partnership with the amazing KDYT (Kidderminster & District Youth Trust) where we have advertised and invited other crafters to come and join us! We are also hoping to be at Berrington Courts Christmas Fayre in December!

WHAT'S BEEN HAPPENING

YOUNG PEOPLE'S GROUP

The Young People had a busy Summer visiting Habberly Trail, Stourport Fair, Playing Adventure Golf, and pottery painting. We even found time for a BBQ and sports session! After the summer, we welcomed everyone back to the Monday evening sessions where we continued to bake, play and socialise with our new friends!



OUR WAY FOOTBALL



After a summer break Our Way footballers returned to football training in September. Everyone was happy to be back putting their football skills into practice on to the football pitch and are looking forward to this season's football tournaments.



GARDENING PROJECT



Our gardeners have been busy maintaining the garden both at Youth House and at Berrington Court. We have used what we have grown at sessions and now that the garden has been put to bed for the winter our gardeners are continuing to keep the carpark and footpaths at Youth House free from weeds and leaves!





MEN'S & LADIES GROUPS



Our Ladies and Men's groups have continued to meet monthly and had fun bowling, falconry, meals out and cooking sessions are just some of the activities they have been doing! Remember all our activities come from suggestions you have made, so please continue to do so!



OUR WAY 2025 CALENDAR

One of our members has been busy snapping away at our trips and events and we are proud to announce that we have now produced our very own calendar for 2025! These are available to purchase from the Our Way office, £8 each or 2 for £12

Members are now invited to share a photo they have taken during the month, at the last coffee morning of the month, where we will pick a lucky winner to have their photo put in the 2026 Calendar!



WEST MIDLANDS FORUM



Lottery funding for The West Midlands Self Advocacy forum has now finished. In August we held an away day at Archers in Birmingham where we were able to look back over the past 5 years and celebrate our achievements and successes. The Network will continue and be there to support the voices and issues of Self Advocates from across the West Midlands. Our Way will host the next meeting in November at Kidderminster Youth House.





SAFE PLACES



Over the last few months members have been continuing their hard work by visiting shops and businesses around the county, promoting and updating the Worcestershire Safe Places Directory which can be found on our website, www.ourway.org.uk. We have visited schools and colleges to educate and promote the scheme and had some fantastic feedback from the young people.

If you know of anywhere that you think would be a good place for us to approach to join the scheme please let us know.

Thank-you to North Worcestershire Hate Crime Partnership Network for their continued funding and support with this project.

HATE & MATE CRIME BOOKLET



In August we received our printed booklets and these have now been distributed many places including supported accommodation's, doctors surgeries, schools and colleges.

The feedback we have received is very positive and we are really proud and grateful to everyone who contributed to the project.

A huge thank you to Worcestershire Community Foundation and the Police and Crime Commissioner for funding it!





COOKING SESSIONS

Over the next 6 months we shall be holding monthly cooking sessions at the Youth House. The meals we create will be collated into a book, which we hope people will purchase.

We will be learning about the foods that we are using and how to incorporate them into our daily routines. Discussing healthy alternatives and sharing our thoughts. We look forward to welcoming Luan and her extensive knowledge to these sessions





OUR WAY EVENTS



Well, what a summer we have had! We have been so lucky with the weather when we have been out and about. The sun shone when we visited Simply Alpaca in August for a meet and make session. We enjoyed a tour around Hereford Cider museum, Warwick Castle, Cotswold Wildlife Park and we had a good trip to Merry Hill Shopping Centre.

We have had some lovely walks around the Wyre Forest, Springfield Park, Brinton Park and the Rifle Range. In August we welcomed Tony who delivered a Basic First Aid session for us, where we all got to practice our bandaging and brush up on our First Aid skills and knowledge!

Remember, if you have any suggestions for trips or sessions that you would like us to look at, please let us know!



COME AND PARTY!



 Our Way 
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CHRISTMAS PARTY

**WEDNESDAY
11TH
DECEMBER
2024**

**£15 PER PERSON
7PM-10 PM
DJ - BUFFET - BAR**

**KIDDERMINSTER RUGBY CLUB,
MARPOOL LANE, KIDDERMINSTER, DY11 5HP**

**TO BOOK & PAY FOR YOUR TICKET
CONTACT THE OFFICE 01562-820-262**



*Jingle
AND
Mingle*

DATES FOR YOUR CALENDAR

UPCOMING
EVENTS

Please pay for events when booking, with as much notice as possible to secure your place, as our events fill up quickly. We welcome online payments wherever possible. When booking online, please make a reference to the event you are attending. Our Bank Details are:

Our Way Self Advocacy.

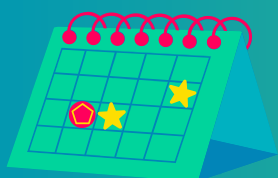
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DATE	TIME	EVENT	WHERE	COST
Friday 1st November	10am- 12:30pm	Karting 	Stourbridge (Please note: this trip is fully booked)	£ 30
Tuesday 5th November	10am-1pm	Ladies Group 	Youth House Crafts	£ 3
Friday 8th November	10.30am-2pm	Cooking Session 	Youth House	£ 5
Wednesday 13th November	2pm-4pm	AGM Meeting	Youth House	Free
Friday 15th November	10am-4pm	British Motorcycle Museum 	Meet at youth house for transport. Please contact us to book your place on the minibus. Limited Spaces.	£ 15
Tuesday 19th november	11am-1pm	Craft Session 	Youth House	Free



EVENTS CONTINUED...

DATE	TIME	EVENT	WHERE	COST
Friday 22nd November	10am-3pm	Ludlow Market 	Meet at youth house for transport. Please contact us to book your place on the minibus. Limited Spaces.	£5 Bring money for lunch/spending
Tuesday 26th November	11am-1pm	Men's Group 	TBC	TBC
Friday 29th November	10:30am- 12:30pm	Walk 	Springfield Park Springfield Ln, Kidderminster DY10 2PS	Free
Saturday 30th November	11am-2pm	Craft Fayre 	Youth House	Free
Tuesday 3rd December	11am-1pm	Ladies Group 	Activity TBC	TBC
Friday 6th December	10.30am-2pm	Cooking Session 	Youth House	£ 5
Saturday 7th December	12noon - 4pm	Christmas Craft Fayre 	Berrington Court Felix Baxter Dr, Kidderminster DY11 7FH	Free
Tuesday 10th December	11am-1pm	Men's Group 	Youth House	£ 3
Wednesday 11th December	7pm-10pm	Christmas Party 	Kidderminster Rugby Club Please pre book tickets wherever possible Marlpool Ln, Kidderminster DY11 5HP	£ 15 including buffet
Friday 13th December	10am-5pm	Pantomime 	Malvern Sleeping Beauty Please contact us to book your space on the minibus. Limited Spaces	£ 18 Bring a packed lunch or money for lunch



EVENTS CONTINUED...

DATE	TIME	EVENT	WHERE	COST
Friday 20th December	10:30am- 12:30pm	Keep Fit with Luan 	Youth House	£ 3



CHRISTMAS BREAK, NO GROUPS OR SESSIONS



Tuesday 7th January	11am-1pm	Ladies Group 	Youth House Talking about Ladies Health	Free
Friday 10th January	10.30am-2pm	Cooking Session 	Youth House	£ 5
Tuesday 14th January	11am-1pm	Budgeting Workshop 	Youth House	Free
Friday 17th January	10am-2pm	Walk 	Bodenham Arboretum Contact us to book your space on the minibus. Limited Spaces.	£ 5 Bring money for lunch at Cafe
Tuesday 21st January	11am-1pm	Craft Session 	Youth House	Free
Friday 24th January	10:30am-3pm	Bowling 	Worcester Contact us to book your space on the minibus. Limited Spaces.	£ 5 Bring money for lunch
Tuesday 28th January	11am-1pm	Men's Group 	Youth House Talking about Men's Health	Free
Friday 31st January	10:30m- 12:30pm	Keep Fit with Luan 	Youth House	£ 3



OUR WAY WEEKLY SESSIONS

DAY	TIME	EVENT	WHERE	COST
Monday's	5pm-6:30pm	Young People's Group 	Youth House No groups on 23rd or 30th December	£ 1
Wednesday's	5pm-6:30pm	Advocacy Group 	Youth House No group on 25th December or 1st January	£ 3
Thursday's	10am-10:45am	Zumba 	Youth House No Zumba on 26th December or 2nd January	£ 3
Thursday's	11am-1pm	Coffee Morning 	Youth House No Coffee Morning on 26th December or 2nd January	Free
Sunday's	10:30am-11:30am	Football Training 	Wyre Forest Leisure Centre No Football on 22nd, 29th December or 5th January	£ 3

EASY FUNDRAISING APP

Our Way Self Advocacy has recently reactivated our EASYFUNDRAISING account which means that now you can help us raise money every time you shop online, without it costing you a penny extra!!

With over 8000 participating retailers, ranging from your weekly food shop at Tesco, booking a holiday with Booking.com, Friday night takeaway with JUSTEAT, and even taking out insurance on Compare the Market, there's something for everyone! It only takes a few minutes to sign up. Join us here: <https://www.easyfundraising.org.uk/causes/ourway> or use the QR code below.

If you would like any more information about it please get in touch with one of the members of staff at Our Way



CONTACT DETAILS

CONTACT US

If you would like to take part in any of the sessions/activities or would like more information about them, please call one of the numbers below.

Please note, trips need to be paid for upon booking. We will refund monies for cancelations if we are able to fill the space.

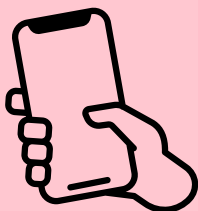
Unfortunately you will still need to pay for your place even if you do not attend and we have not managed to fill your space.

Many Thanks for your understanding

IF YOU NEED ANY HELP OR ADVICE, PLEASE CALL ONE OF THE FOLLOWING NUMBERS:



OFFICE 01562 820262



CAROLINE: 07876 834225

CAT: 07772 179782

JACKIE: 07428 757078

SELINA: 07906 267641

ALTERNATIVELY, YOU CAN CONTACT US VIA OUR WEBSITE, EMAIL OR OUR FACEBOOK PAGE BELOW



WWW.FACEBOOK.COM/OURWAYCHARITY



WWW.OURWAY.ORG.UK

Our Way Self Advocacy, Youth House, Kidderminster, Worcs. DY10 1PF

E-mail: office@ourway.org.uk. Charity number: 1091939